



## **BRUHAT BENGALURU MAHANAGAR PALIKE**

Office of the Chief Commissioner, NR Square, Bengaluru-02

### **ADVISORY IN VIEW OF COVID-19**

### **Resident Welfare Association/ Society**

#### **Corona Virus Disease 2019(COVID 19)**

The COVID-19 pandemic in BBMP has witnessed a severe wave of the disease since February 2021 peaking around the 1<sup>st</sup> week of May 2021, following which there has been a steady decline in the no. of cases reported. In accordance with the decline, the Government of Karnataka has relaxed the lockdown timings.

In this regard BBMP has issued the following advisories to all Resident welfare associations (RWA) which need to be communicated to each member by R.W.A

#### **Instructions to RWA and Apartment associations**

1. All mass gatherings in the premises should not be held till further orders.
2. Common area floor, railings, surfaces etc. likely to be touched by residents to be cleaned using Sodium Hypochlorite, bleaching powder or any effective disinfectant for maintaining the highest level of sanitation and hygiene.
3. Care and attention need to be given to housekeeping staff and ensure to provide them with necessary soap /sanitizer/liquid soap dispenser for periodic handwashing.
4. Common areas like walkways and parks used for walking or jogging can be used subject to the strict maintenance of social distancing (1 meter). These places should not get converted into socializing points defeating the purpose of preventive measures put in place.
5. Gymnasiums, Sports Facilities, Swimming Pools, Recreational and club facilities cannot be opened until further orders
6. Lifts are closed spaces and potential source of infection to others
  - a. RWA should sanitize the lift surfaces periodically.
  - b. Sanitize the Lift Operating buttons by regular cleaning.
  - c. People using the lift to wash hand using soap water or hand sanitizer after every usage necessarily
  - d. Not to touch eyes or nose or face after touching these surfaces without washing hands.

7. The associations or societies should not yield to any rumors creating panic and problems in the community and instead inform health authorities for any kind of necessary action required.
8. In case we detect positive case in your locality a "Containment Plan" will be put in place for which your co-operation would be required by the health authorities.
9. Informative, Educative & Communicative materials approved by Government shall be made available in soft copies, which can be printed and displayed in the premise to create awareness (don't print flex banners).
10. It shall be the duty of the Resident Welfare Association (RWA)/Society to ensure that all those people who have been advised home quarantine stay indoors in their homes and do not move around in the society, community spaces or in the city casually. Any breach of quarantine of the suspect can cause uncontrolled spread of the infection in the entire community.

### Instructions to all Residents:

1. If any resident or his/her family members have undertaken any travel in the last 14 days, they need to be aware of the following:
  - o To immediately provide your details to Helpline Number 104. **These details will be kept confidential.**
  - o If you develop symptoms of Acute respiratory illness like Fever, Cough, Running Nose, Difficulty in breathing, please call immediately 104 helpline, further assistance for testing and arrangement for further care will be provided by Health Department at identified hospitals, patient will be transported using Ambulance services. Please use mask as per Guidelines.
    - o Details of all persons who had close contact with the suspected case shall be shared with health department.
2. Taking care of Children
  - o Discourage kids from playing outside in group.
  - o Parents are requested to engage children with indoor creative activities.
  - o Educate kids on Social Distancing, Cough Etiquette, and Hand Hygiene to prevent spread of illness to others in the community as well as to inculcate healthy practices in children.

- Nutrition plays an important role in the development of Immunity and ability to fight diseases in view of which it is advised to provide homemade food to children.
  - Travelling to distant places must be avoided and undertaken only if necessary and you are the best judge on this.
3. Mass gathering
- Mass Gathering are the ideal places for the spread of infection and visiting such places poses serious risk in spread and transmission of infectious diseases and it becomes very difficult to identify the source of infection in such large gathering. You are advised to avoid gatherings.
  - Do not organize/ attend birthday parties, kitty parties, social meetings etc. and put risk on the health of your friends and family members.
4. Elderly people in the house (above 60 years), patients suffering from cancer, severediabetes, people with weak immune system should be encouraged to stay indoors and take adequate precautions like hand wash, avoiding crowded places, taking their medicines regularly and consuming nutritious food.
5. Vaccination
- All the residents in apartments should be encouraged to get vaccinated fully.
  - The housekeeping and security staff working in the apartment/residential complex should be encouraged to get vaccinated fully.
  - The RWA should facilitate the vaccination of the residents, housekeeping and security staff.

COVID-19 presents as mild diseases in majority of cases and it is only the spread of disease that is a matter of concern for public health. Support and co-operation from your side is highly necessary for the next 30 days and this would reduce the transmission of the infection in the community.

  
Chief Commissioner

Bruhat Bengaluru Mahanagara Palike

Help us to Help you. Let us fight COVID-19 together

Stay Home, Be Safe

All the Guidelines and Advisories are available at State Health and Family welfare department

Website: <https://karunadu.karnataka.gov.in/hfw/kannada/Pages/nCov->

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